



Dementia Care Coordination

for family care partners of a person living with dementia

What is dementia care coordination?

Under the guidance of a certified dementia practitioner, care coordination involves the process of organizing and managing the various care strategies, support systems, and services that a person living with dementia and their family care partner(s) will need throughout the course of their dementia journey.

The ultimate goal of care consultations is to address the needs of the individual with dementia and create a strategy for effective, comfortable, and dignified care.

Care coordination consultations typically include:

1. **Discussion of care needs and goals**, including evaluating independent functioning and capabilities, addressing safety concerns and the living environment, planning for the future, and exploring end-of-life care options if the person is in the advanced stages of Alzheimer's disease or another dementia.
2. **Family care partner support and training.** The dementia practitioner helps care partners to understand and utilize strategies for managing dementia-related behaviors and provides tips for improving communication with their loved one. A focus is also on the importance of self-care, working together with family members, forming a support system, and accessing community resources.
3. **Referrals to other professionals and community services**, as needed. Sage's dementia practitioners have established relationships in the East Bay community and are able to make referrals to physician specialists, elder law attorneys, therapists, Medicare and Medi-Cal insurance specialists, advocacy organizations, in-home care agencies, senior living advisors, and palliative care and hospice services. We can also provide connections to local support services such as adult day programs, meal and transportation services, support groups, and respite care.
4. **Dementia care planning is an ongoing process.** The care plan may evolve as the person's condition progresses, and periodic reviews are important to ensure the best possible care is provided at each stage of dementia.